

# APPLICATION

Player's Name: \_\_\_\_\_

School: \_\_\_\_\_

Grade in fall of 2019: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

\_\_\_\_\_

Daytime Phone #: \_\_\_\_\_

Emergency Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

T-shirt Size (please circle)

Youth: S M L or Adult: S M L

Total Enclosed: \_\_\_\_\_

This application has my consent and approval. Aquinas High School and the coaching staff will not be held responsible for injuries that may occur during Blugold Volleyball Camp.

\_\_\_\_\_  
Parent or Guardian Signature & Date

Please return registrations to

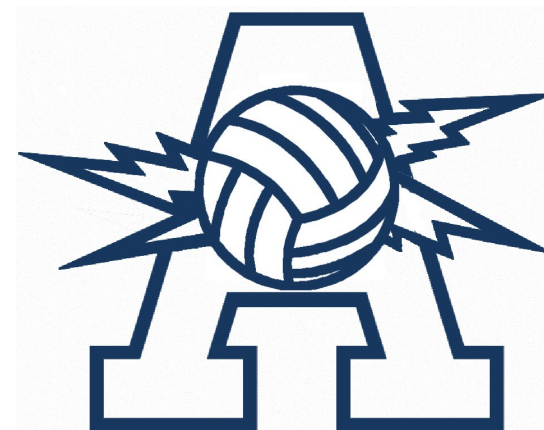
Aquinas High School Office,  
315 South 11<sup>th</sup> Street  
La Crosse, WI 54601  
c/o Nellie George

Checks can be made out to  
Aquinas VBC.



# Aquinas High School Blugold Volleyball Camp

June 19<sup>th</sup> – 21<sup>st</sup>, 2019



AHS Reinhart Athletic  
Complex



## CAMP INFORMATION

### Incoming Grades 5, & 6

1:30 pm - 3:00 pm

### Incoming Grades 7 & 8

3:00pm - 4:30 pm

- \$40 per player if you register before May 15th
- \$50 dollars for anyone who registers after May 15th.

*In order to guarantee a camp t-shirt, you must register before May 15th.*

- Camp Check-in begins 20 minutes before each session.
- Participants should wear athletic attire and have a pair of kneepads.

If you have any questions or concerns please feel free to contact:

Coach Nellie George at

Nellie@2brotherspowersports.com

## OPPORTUNITY

The Blugold Volleyball Camp provides an opportunity for girls (incoming) grades 5 – 8 to improve their volleyball skills through practice and repetition. All camps will focus on teamwork and correct fundamentals, but each age group will have a specific focus:

**Grades 5 and 6:** The focus in this age group will be to introduce and master basic volleyball skills to the girls and allow them to enjoy playing the game! The instruction of an overhand serve will be included!

**Grades 7 and 8:** This age group will be focusing on the finer points of the game including competitive play, defensive strategies, and spot or jump serving!



## COACH NELLIE GEORGE



Coach George is currently in her third year at the helm of the Lady Blugold program, and entering her seventh year in total. Her teams have earned the Conference Champions title in four of those years. The Lady Blugolds consistently have players at the top of the conference, garnering Player of the Year, First Team and Second Team honors as well as All-State Honorable Mention recognition. Coach George has received Conference Coach of the Year in 2006, 2007, 2008 and 2017. She has also been chosen as the La Crosse Tribune Coach of the Year in 2008 and 2017.

Coach George has been actively coaching volleyball for more than twenty years and has had the pleasure of coaching at all levels. She has worked with elementary players at the park and rec level and all the way up to the collegiate level. She has coached for many area club teams and is currently coaching for Aquinas VBC, which she started with Assistant Coach Jessica Rohde. Aquinas VBC has teams at the 12 and under, 14 and under and 17 and under levels.

Coach believes in hard work, solid fundamentals and teamwork! She believes in providing a positive environment that allows players to learn and be challenged in their skill development. The goal of this camp is to guide young players to further their knowledge of the game and advance their skills.