

# Connect with Blugolds Hoops



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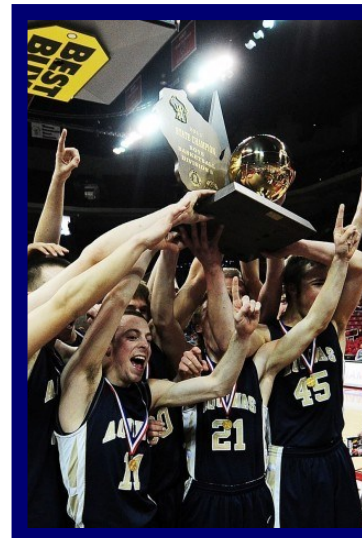
**[brad.reinhart@aquinasschools.org](mailto:brad.reinhart@aquinasschools.org)**

## **Pride & Tradition** **Since 1928**

WIAA Sate Champions 2003, 2008, 2011, 2013

# **Aquinas Basketball** **2020 SUMMER** **Skill Development Program**

## **3rd - 8th Grade Boys**



**"The hard way IS the easy way."**  
**- Coach John Michuta**

## Summer Skill Development Program

Aquinas Boys Coach Brad Reinhart will give each athlete the tools to train for success. Most camps are limited to a few days, but this program spans two months to maximize the potential for individual growth. Each Friday players will train in a group setting to build their individual ball handling and shooting skills. Players will be placed in competitive situations to reinforce the skills being taught. All players will be given a weekly workout plan that they can use to continue their growth and develop their inner drive between sessions. Players will set goals for the week & be encouraged to track their progress on a workout log. Each session will be divided between ball skills and shooting/finishing skills. Prizes will be awarded to those who log the most workouts.

**Meets on**  
Fridays

**Session Dates**  
June 5th - July 31st (No Session on 6/26)

**Session Times**  
Boys Entering 3rd - 5th Grade: 10:00-11:00am  
Boys Entering 6th - 8th Grade: 11:15am-12:15pm

**\$40 registration fee** (2nd child+ \$30 each)  
Fee includes instruction, weekly workout plan,  
& Aquinas Basketball T-Shirt

**Due to state mandated school closures. June sessions will be held virtually via live weekly Zoom meetings.** Workout invites/links will be emailed weekly to participants. Each player needs only a device to view, ball (or two) and a hoop to complete the full one hour workout.

We hope to be able to hold **July sessions** at Aquinas High School in the Reinhart Athletic Complex.



## Player Registration Form

Player Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone#: \_\_\_\_\_

Email: \_\_\_\_\_

Grade(s) Next Fall: \_\_\_\_\_

(Please indicate the quantity for each size)

**Adult T-shirt Size**  
S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

**Youth T-shirt Size**  
Y-Med \_\_\_\_\_ Y - Lg \_\_\_\_\_

Amount Paid: \_\_\_\_\_

Make Checks payable and send application to:

**Payable to: Harwood Hoops Club**

Mail to:  
AHS Boys Basketball Camp  
315 S. 11th Street  
La Crosse, WI 54601

This application has my consent and approval. I will not hold the instructors, or Aquinas Catholic Schools, responsible for injuries that may occur. Campers must have their own health insurance.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**\*Please submit registration forms before June 1st**