## Aquinas Schools Food For Thought



Please keep your students lunch account at a positive balance. Please contact me if you need to make arrangements for payment.

Don't forget that Breakfast is the most important meal of the day! If you have study hall and would like to pre-order your breakfast please let us know. If you have some suggestions or ideas to share with us, we welcome any input from staff, students and parents. If you have special requests regarding meal needs or questions regarding the Commons, please stop by and visit.

## Chartwells Staff

## August & September 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
24		25		26	Mac & Cheese <b>or</b> Chili Bread Bowl Tots Fruit	27	Chicken or Fish Sandwich Chips Fruit	28	Grilled Cheese Sandwich Tri-Tater Fruit
31	Chicken Wraps Chips Fruit	1	Lasagna Garlic Toast Green Beans	2	Biscuits & Gravy Sausage Apple Sauce	3	Pizza Breadstick Fruit	4	Meatball Subs Noodles Corn
7	No School	8	Orange Chicken Rice Pineapple	9	Pizza Burger Fries Cheese Cake	10	Taco Hotdish Brownie Fruit	11	Spaghetti & Meat Sauce Garlic Toast Corn
14	Loaded Nachos Churro Peaches	15	Hamburgers Chips Fruit	16	Pizza Hotdish Garlic Toast Fruit	17	Swedish Meatballs Mashed Potatoes Gravy Corn	18	Pizza Breadstick Fruit
21	Chicken Fajita Rice Fruit	22	Orange Chicken Rice Pineapple	23	Soft Shell Taco Churro Fruit	24	Corn Dogs French Fries Apple Sauce	25	No School
28	Popcorn Chicken Buttered Noodles Fruit	29	Chicken Nuggets Mashed Potatoes Gravy Corn	30	Pizza Breadstick Fruit				

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	Cafeteria Me						
	Large Slice of Pizza	\$1.79					
	Hamburger	\$1.89					
	Cheeseburger	\$1.99					
	Double Cheeseburger						
	Bacon Cheeseburger	\$2.79					
	Soft Taco	\$1.89					
	Cheese Curds	\$2.99					
	Mini Corn Dogs	\$2.19					
	French Fries (reg)	\$2.19					
	Chicken Sandwich	\$2.39					
	Spicy Chicken Sandwi	Spicy Chicken Sandwich					
		\$2.49					
	Grilled Cheese	\$1.49					
	Chicken Nuggets	\$2.29					
	Walking Taco	\$2.09					
	Value Meal w/ Milk	\$3.09					
	Classic Entrée Only	\$2.19					
	Ala Carte:						
	Vegetable-Daily	\$1.09					
	Potato/Starch	\$1.09					
	Soup	\$1.89					
	Smiley/Waffle/Curly F	ry					
		\$2.59					
	Garlic Cheese Bread	\$1.89					
	Vegetable Cup	\$2.19					
	Fruit Cup	\$2.39					
	Garden Salad	\$2.39					
	Beverages						
	Milk	\$.10					
	20 oz. Dasani	\$1.79					
	20 oz Powerade Zero	\$2.19					
	10 oz. Minute Maid	\$1.89					
	12 oz. PowerAde	\$1.89					
	12 oz. G-2	\$1.89					
	20 oz. Sobe	\$2.39					
	20 oz. Aquafina Splash	\$1.79					
	New Boxed Lunch	\$3.69					
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