## **APPLICATION**

# Player's Name: School: \_\_\_\_\_ Grade in fall of 2021: Address:\_\_\_\_\_ City:\_\_\_\_\_ State: Zip: Parent/Guardian Name: Daytime Phone #: Emergency Phone #: \_\_\_\_\_ Email: T-shirt Size (please circle) Youth: S M L or Adult: S M L Total Enclosed: This application has my consent and approval. Aguinas High School and the coaching staff will not be held responsible for injuries that may occur during Blugold Volleyball Camp.

### Please return registrations to

Aquinas High School Office, 315 South 11<sup>th</sup> Street La Crosse, WI 54601 c/o Nellie George

Checks can be made out to Aquinas VBC.









**Aquinas High School** 

# Blugold Volleyball Camp

June 15th - 17th, 2021



AHS Reinhart Athletic Complex



## CAMPINFORMATION

Incoming Grades 5, & 6 12:30 pm - 1:30 pm Incoming Grades 7 & 8 1:30pm - 3:00 pm

- \$35 per player for 5<sup>th</sup>/6<sup>th</sup> graders
- \$50 per player for 7<sup>th</sup>/8<sup>th</sup> graders

In order to GUArantee a camp t-shirt, YOU must register before May 15th.

- Camp Check-in begins 10 minutes before each session.
- Participants should wear athletic attire and have a pair of kneepads.

If you have any questions or concerns please feel free to contact:

Coach Nellie George at

Nellie@2brotherspowersports.com

### **OPPORTUNITY**

The Blugold Volleyball Camp provides an opportunity for players (incoming) grades 5 – 8 to improve their volleyball skills through practice and repetition. All camps will focus on teamwork and correct fundamentals, but each age group will have a specific focus:

Grades 5 and 6: The focus in this age group will be to introduce and develop basic volleyball skills. We will work on basic skills and provide instruction on more advanced skills, work on some team concepts, but also enjoy playing the game!

Grades 7 and 8: This age group will be focusing on the finer points of the game including competitive play, running an offense, and implementing a basic defense. We will continue to develop basic skill, but will also work on advancing basic skills that are performed at the high school level. We will begin implementing the idea of positions as well.

## **COACH NELLIE GEORGE**



Coach believes in hard work, solid fundamentals and teamwork! She believes in providing a positive environment that allows players to learn and be challenged in their skill development. The goal of this camp is to guide young players to further their knowledge of the game and advance their skills.