

# Aquinas Schools Food For Thought



***Don't forget that Breakfast is the most important meal of the day!*** You can make online payments by logging to your Skyward account and under the food service tab and you can add funds to your child's account. If making payments at the school be sure to put your name and student number on your check or envelope, and put in the payment box (located on the kitchen door).

*Thank You,*

*Chartwells Staff*

## October 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Grilled Cheese French Fries Fruit	2	Spaghetti & Meat Sauce Garlic Toast Green Beans
5	French Toast Sausage Fruit	6	Orange Chicken Rice Pineapple	7	Pizza Burger Fries Fruit	8	Chicken Wrap Chips Fruit	9	Pizza Bread Stick Fruit
12	<b>NO SCHOOL</b>	13	Soft Shell Taco Churro Pineapple	14	Popcorn Chicken Buttered Noodles Corn	15	Hamburger French Fries Fruit	16	Mac & Cheese Breadstick Corn
19	Chicken Fajita Rice Pineapple	20	Orange Chicken Rice Pineapple	21	Mini Corn Dogs Buttered Noodles Corn	22	Chicken Nuggets Mashed Potatoes Gravy Corn	23	Pizza Bread Stick Fruit
26	<b>NO SCHOOL</b>	27	Grilled Cheese Chips Fruit	28	BBQ's Chips Smoothie	29	Hotdish Fruit	30	Loaded Nachos Fruit